

# What Everyone Should Know About Elder Abuse

## If you or someone you know is a victim of elder abuse, there is help!

**Emergency** 

Call 9-1-1



Non-Emergency
Adult Protective Services
(877) 767-2385

Do you or your loved one live in a licensed care facility where the abuse is taking place? Report the abuse to the Arizona Long-Term Care Ombudsman office (602) 542-6454.



#### What is elder abuse?

Elder abuse is when someone causes harm or serious risk to a vulnerable adult. This could be done by trusted individuals like caregivers or family members.

A.R.S. § 13-3623 and A.R.S. § 46-451

## **Types of Elder Abuse**

Physical Abuse Intentionally using force against another person that causes discomfort, pain, and/or injury.	Emotional Abuse Causing fear, distress, mental pain, and/or restricting contact with loved ones.	Financial Abuse Improper, unauthorized, and/or illegal use of a person's money or possessions.
Neglect Carelessness or lack of regard for another person's safety, needs, and/or wellbeing.	Sexual Abuse Forced, non-consensual sexual contact; those with deminished mental capacity may not be able to consent.	Abandonment Being intentionally deserted without another person and/or facility arranged to provide care.

### What are the possible signs of abuse or neglect of a vulnerable adult?

- Weight loss or dehydrated
- Bed sores
- ▲ Sleep problems
- ▲ Depressed or withdrawn
- Undermedicated
- ▲ Foul odors from the home or person
- Unexplained injuries
- Cringe when touched
- ▲ Unsafe living conditions
- Bruises
- Unclean bedding or clothes
- Changes in banking or spending

